



Review Sheet



Last
Reviewed
28 May 2026



Last
Amended
28 May 2026



This policy will be reviewed as needs require or at the following interval:
Annual

Business Impact:



Changes are important, but urgent implementation is not required, incorporate into your existing workflow.

Reason for this Review:

Improve usability

Changes Made:

Yes

Summary:

This policy details the safeguarding procedures to be followed and has been updated in sections 5.3 and 5.4 in relation to high risk groups. Underpinning Knowledge references and Further Reading links have also been checked and updated.

Relevant Legislation:

- The Care Act 2014
- Care Quality Commission (Registration) Regulations 2009
- Equality Act 2010
- The Health and Social Care Act 2008 (Regulated Activities) Regulations 2014
- Human Rights Act 1998
- Mental Capacity Act 2005
- Safeguarding Vulnerable Groups Act 2006
- UK GDPR
- Protection of Freedoms Act 2012 (Disclosure and Barring Service Transfer of Functions) Order 2012
- Public Interest Disclosure Act 1998
- The Criminal Justice and Courts Act 2015 Section 20-25
- Anti-social Behaviour, Crime and Policing Act 2014
- The Modern Slavery Act 2015
- The Counter Terrorism and Security Act 2015
- Domestic Violence, Crime and Victims Act 2004
- Serious Crime Act 2015 Section 76
- FGM Act 2003
- Sexual Offences Act 2003
- Data Protection Act 2018

- Author: The Care Quality Commission, (2025), Regulation 13: Safeguarding Service Users from Abuse and Improper Treatment [Online] Available from: <https://www.cqc.org.uk/guidance-regulation/providers/regulations-service-providers-and->



Underpinning Knowledge:	managers/health-social-care-act/regulation-13 [Accessed: 28/05/2026] • Author: Royal College of Nursing, (2024), Adult Safeguarding: Roles and Competencies for Health Care Staff [Online] Available from: https://remedy.bnssg.icb.nhs.uk/media/igekotxo/intercollegiate-documents-for-adults-2024.pdf [Accessed: 28/05/2026] • Author: SCIE, (2025), Safeguarding Adults [Online] Available from: https://www.scie.org.uk/safeguarding/adults/ [Accessed: 28/05/2026] • Author: GOV.UK, (2025), Pressure Ulcers: How to safeguard adults [Online] Available from: https://www.gov.uk/government/publications/pressure-ulcers-how-to-safeguard-adults [Accessed: 28/05/2026] • Author: Social Care Institute for Excellence, (2019), Safeguarding Adults: Sharing information [Online] Available from: https://www.scie.org.uk/safeguarding/adults/practice/sharing-information/ [Accessed: 28/05/2026] • Author: Local Government Association, (2025), Making Safeguarding Personal [Online] Available from: https://www.local.gov.uk/our-support/our-improvement-offer/care-and-health-improvement/making-safeguarding-personal [Accessed: 28/05/2026] • Author: Department of Health and Social Care, (2025), Care and Support Statutory Guidance [Online] Available from: https://www.gov.uk/government/publications/care-act-statutory-guidance/care-and-support-statutory-guidance [Accessed: 28/05/2026] • Author: Department of Health and Social Care, (2025), NHS Prevent Training and Competencies Framework [Online] Available from: https://www.gov.uk/government/publications/nhs-prevent-training-and-competencies-framework/nhs-prevent-training-and-competencies-framework [Accessed: 28/05/2026]
Suggested Action:	• Encourage sharing the policy through the use of the QCS App
Equality Impact Assessment:	QCS have undertaken an equality analysis during the review of this policy. This statement is a written record that demonstrates that we have shown due regard to the need to eliminate unlawful discrimination, advance equality of opportunity and foster good relations with respect to the characteristics protected by equality law.



1. Purpose

1.1 Nema Homecare Limited Responsibilities and Representatives

The Registered Home Care Manager, and nominated individual of Nema Homecare Limited, have overall management responsibility for this policy and procedure and for ensuring the proper governance of Nema Homecare Limited.

The Registered Home Care Manager role is held by: Mr Olasunkanmi Adewusi

The nominated individual role is held by: Olasunkanmi Adewusi

We recognise that dual roles of registered manager and nominated individual are not considered best practice. At times, the responsibilities of these roles may conflict or create risk. To address potential conflicts and ensure impartiality and accountability, we have implemented measures to mitigate risks and maintain a high-quality, compliant service, including:

- A peer-to-peer agreement with a local registered provider to support governance evaluation.
- We will commission experienced social care professionals for audits and quality assurance when needed.
- Supervision via peer support from a local registered provider, social care professional. Both roles require ongoing professional development to enhance knowledge, promote best practice, and expand skills.

The registered manager is professionally and operationally accountable for the day-to-day management and regulatory compliance of the service.

The nominated individual is responsible for supervising the regulated activity, ensuring a high-quality, compliant service.

Both roles are required to undertake regular continuing professional development to enhance knowledge, promote best practice and expand their skill set.

Nema Homecare Limited will ensure that at all times:

- The organisation is managed and governed appropriately
- Suitable systems are in place to effectively assess, monitor and improve the service
- Records are completed accurately and stored safely and securely
- That the UK General Data Protection Regulation (UK GDPR) and the Data Protection Act 2018 are met
- Care and support delivered is consistent, safe and of high-quality

1.2 To ensure that this policy includes and refers to Essex County Council, London Borough of Islington & Southend-on-sea's policy and procedures and details clearly who is responsible and accountable for managing safeguarding concerns within Nema Homecare Limited:

- Overall accountability for managing safeguarding concerns: Mr Olasunkanmi Adewusi
- Mr Olasunkanmi Adewusi is responsible for the governance and authorisation of this policy
- Mr Olasunkanmi Adewusi can be contacted, including in an emergency or out of hours, on:
 - Telephone: 07446761145
- Safeguarding Lead at Nema Homecare Limited: Olasunkanmi Adewusi

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- Olasunkanmi Adewusi can be contacted, including in an emergency or out of hours, on:
 - Telephone: 02079521480
 - Email: ola.adewusi@nemahomecare.co.uk
- Nema Homecare Limited Contact Details: 07446761145
- Local Authority: Essex County Council, London Borough of Islington & Southend-on-sea.
- Local Authority Main Contact Details: Adult Social Care (Essex): 0345 603 7630
Emergency Duty Team (Out of Hours): Email: socialcaredirect@essex.gov.uk;
Southend City Council Adult Social Care Team at 01702 215008 (Option 5, then 1) Tel: 03330 131019. Out-of-Hours: 0345 606 1212 or email eds@essex.gov.uk;
Access Service (General/Urgent): 020 7527 2299 Out of Hours: 020 7226 0992.
Email: ASCReferrals@islington.gov.uk

There is a designated Deputy Safeguarding Lead to ensure consistency and best practice in the absence of Olasunkanmi Adewusi, Safeguarding Lead at Nema Homecare Limited.

1.3 About Nema Homecare Limited

Nema Home Care Limited was established as a private limited liability company in London, United Kingdom in May 2016.

Nema Home Care Limited is a company with distinction in UK care industry having positioned ourselves in a strategic location at the London and Essex County Council to carry on the business of care that we specialised in and trained for. The wellbeing of all our adults is our priority. The management of Nema Home Care Limited is in the safe hands of trained, tested and approved Registered Managers. We are innovative and season organisation which technology is at the centre and we ensure that our adults receive, safe, effective, caring and responsive service.

What are the values of Nema Homecare Limited?

The Agency aims to: *Offer skilled care to enable people supported by us to achieve their optimum state of health and well-being. *Treat all people supported by us and all people who work here with respect at all times. *Uphold the human and citizenship rights of all who work and visit here and of all Service Users. *Support individual choice and personal decision-making as the right of all Service Users. *Respect and encourage the right of independence of all Service Users. *Recognise the individual uniqueness of Service Users, staff and visitors, and treat them with dignity and respect at all times. *Respect individual requirement for privacy at all times and treat all information relating to individuals in a confidential manner. *Recognise the individual need for personal fulfilment and offer individualised programmes of meaningful activity to satisfy that need of Service Users and staff.

What are the Aims and Objectives of Nema Homecare Limited?

- . Delivering of high quality care service and support to all our Service Users. The service which is tailor-made is designed to meet their needs and preferences. In doing so we shall be flexible at all times.
- . Treating our Service Users with dignity and respect at all times. Ensuring our Service users is treated equally. Allowing them to have their privacy, also to encourage and support our Service Users to remain independent in their home environment and community
- . Guaranteeing our Service Users is actively involved in the care and support given to them. Our Service User must give us their consent before any re or treatment is given to them. Also ensuring that confidential information is protected at all times and only shared with others strictly in accordance with its policy on confidentiality
- . To provide the service based on the thorough needs assessment and risk assessment

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which will ensure that our Service User are safe in their own home and environment.

. Working in partnership with all stakeholders within Health and Social Care sector who may be involved in some individual cases.

. Make sure we maintain suitably qualified, competent and experienced staff strength to deliver the required standard service accordingly.

1.4 To set out the key arrangements and systems that Nema Homecare Limited has in place for safeguarding and promoting the welfare of adults at risk and to ensure compliance with local policies and procedures. Adults are those aged 18 years and over.

Nema Homecare Limited has a separate Safeguarding Children and Child Protection Policy and Procedure in place that provides detailed guidance in this area.

1.5 Meeting Regulation 13: Safeguarding Adults from abuse and improper treatment

This policy aims to safeguard Adults from abuse and improper treatment by implementing robust procedures for prevention, identification, and response. Staff are trained to recognise signs of abuse and are equipped with clear reporting mechanisms to address any concerns promptly and effectively.

1.6 This policy dovetails with the following policies:

- Deprivation Of Liberty in Community Settings Policies and Procedures
- Mental Capacity Act (MCA) 2005 Policy and Procedure
- Duty of Candour Policy and Procedure
- Raising Concerns, Freedom to Speak Up and Whistleblowing Policy and Procedure
- Consent to Care, Support and Treatment Policy and Procedure
- Restrictive Practices Including Restraint and Physical Interventions Policy and Procedure

1.7

Key Question	Quality Statements
EFFECTIVE	QSE2: Delivering evidence-based care & treatment QSE3: How staff, teams & services work together
EFFECTIVE	QSE6: Consent to care and treatment
SAFE	QSS3: Safeguarding
SAFE	QSS4: Involving people to manage risks QSS5: Safe environments

1.8 Relevant Legislation

- The Care Act 2014
- Care Quality Commission (Registration) Regulations 2009
- Equality Act 2010
- The Health and Social Care Act 2008 (Regulated Activities) Regulations 2014
- Human Rights Act 1998
- Mental Capacity Act 2005
- Safeguarding Vulnerable Groups Act 2006



- UK GDPR
- Protection of Freedoms Act 2012 (Disclosure and Barring Service Transfer of Functions) Order 2012
- Public Interest Disclosure Act 1998
- The Criminal Justice and Courts Act 2015 Section 20-25
- Anti-social Behaviour, Crime and Policing Act 2014
- The Modern Slavery Act 2015
- The Counter Terrorism and Security Act 2015
- Domestic Violence, Crime and Victims Act 2004
- Serious Crime Act 2015 Section 76
- FGM Act 2003
- Sexual Offences Act 2003
- Data Protection Act 2018

2. Scope

2.1 Roles Affected:

- All Staff

2.2 People Affected:

- Adults

2.3 Stakeholders Affected:

- Family
- Advocates
- Representatives
- Commissioners
- External health professionals
- Local Authority
- NHS
- Housing Provider Partners

3. Objectives

3.1 Meeting Regulation 13: Safeguarding Adults from abuse and improper treatment

This policy aims to safeguard Adults from abuse and improper treatment by implementing robust procedures for prevention, identification, and response. Staff are trained to recognise signs of abuse and are equipped with clear reporting mechanisms to address any concerns promptly and effectively.

3.2 This policy aims to safeguard Adults from abuse and improper treatment by implementing robust procedures for prevention, identification, and response. Staff are

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trained to recognise signs of abuse and are equipped with clear reporting mechanisms to address any concerns promptly and effectively.

3.3 To ensure that the Essex County Council, London Borough of Islington & Southend-on-sea. Safeguarding Policy and Procedure is understood by all staff at Nema Homecare Limited and that the Essex County Council, London Borough of Islington & Southend-on-sea. safeguarding procedures dovetail with the policy and procedure of Nema Homecare Limited.

3.4 To ensure that all staff working for, or on behalf of, Nema Homecare Limited, understand their responsibilities in relation to safeguarding adults at risk and know who to escalate concerns to within Nema Homecare Limited and externally if needed and appropriate to do so.

3.5 To protect the Adult's right to live in safety, free from abuse and neglect.

To have a clear, well publicised policy of zero-tolerance of abuse within Nema Homecare Limited.

3.6 To identify lessons to be learnt from cases where Adults have experienced abuse or neglect.

4. Policy

4.1 CQC Regulated Activities, Service Types and Service User Bands

Where required, Nema Homecare Limited will be registered with the CQC for regulated activities, service types and service user bands as defined in the CQC Statement of Purpose.

This will ensure that Nema Homecare Limited provides services that are safe, effective, caring, responsive and well-led in line with the CQC's published quality statements, regulatory framework and associated best practice guidance.

Nema Homecare Limited is registered to provide the following regulated activities:

Personal Care

Nema Homecare Limited is registered to provide the following service types:

Domiciliary care service (DCC), Supported living service (SLS)

Nema Homecare Limited is registered to support the following service user bands:

Adults aged 18 - 65, Dementia, Learning difficulties or autistic disorder, Mental health, Older people (Aged 65+), People with an eating disorder, Physical disability, Sensory impairment

4.2 Care and Support at Nema Homecare Limited

Nema Homecare Limited provides care and support to Adults with a range of needs in a person-centred, safe, and lawful way.

All staff must follow the guidance within this policy and the Adult's Care Plan, ensuring that assessed needs, reasonable adjustments and individual preferences are met.

- Every Adult is treated equally and with dignity and respect



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- Care and support are tailored to individual needs, preferences and desired outcomes
- Staff follow legal, regulatory, and professional guidance at all times
- Person-centred approaches are used to promote independence, choice, and wellbeing

To support this approach, staff will also follow the policies and procedures below where applicable:

- Person-Centred Care and Supporting Planning
- Safeguarding Adults
- Raising Concerns, Freedom to Speak Up and Whistleblowing
- Mental Capacity Act (MCA) 2005
- Deprivation Of Liberty in Community Settings
- Consent to Care, Support and Treatment
- Equality, Diversity and Human Rights
- Overarching Medicines Management
- Positive Behaviour Support Including Challenging Behaviour
- Restrictive Practices Including Restraint and Physical Interventions
- Sex, Sexuality and Relationships

This list is not exhaustive and there will be additional policies and procedures in place to support specific Adult needs. Staff must seek clarification from their line manager or the Registered Home Care Manager, Mr Olasunkanmi Adewusi, if there is any uncertainty.

Staff supporting any specialist area of need will receive appropriate induction and training. They will complete competency assessments, where required, to meet the needs of Adults as outlined in the Training Policy and Procedure at Nema Homecare Limited.

To ensure Adults receive person-centred care and support from Nema Homecare Limited, staff must adhere to the following **Supporting People with a Learning Disability**

Staff must support people with a learning disability in line with this policy and the individual care and support plan. Staff must follow any assessed needs, reasonable adjustments, and personal preferences, which include:

- Communicating in ways the person understands
- Supporting choice, dignity and independence
- Ensuring care and support are compassionate and outcome focused

In addition, staff will also follow these policies:

- Access to NHS Services
- Advocacy
- Co-Production
- Specialist Needs
- Supporting those with a Learning Disability
- Supporting Communication and Sensory Needs
- Positive Risk Taking
- Trauma Informed Care and Support

Supporting People with Mental Health Needs



Staff must support individuals with mental health needs safely, respectfully, and in line with their care and support plan which should include information that enables staff to know, understand and follow:

- The promotion of recovery and wellbeing
- Any crisis or relapse prevention plans
- The process for recording and reporting any changes in mood or behaviour
- Any individualised risk assessments completed

In addition, staff will also follow these policies:

- Access to NHS Services
- Community Treatment Orders
- Mental Health Act 1983 and Regulations 2008
- Prevention and Management of Self-harm and Suicide
- Safe and Supportive Observations
- Supporting Mental Health Conditions
- Trauma Informed Care and Support

Supporting People Living with Dementia

Staff will provide compassionate and person-centred care and support for individuals living with dementia, following both this policy and their care and support plan which should include:

- Using calm, reassuring communication
- Supporting orientation and familiar routines
- Information about providing stimulating and engaging environments
- Meaningful activities and engagement
- Respecting life history and personal preferences.

In addition, staff will also follow these policies:

- Dementia
- Dignity, Respect and Choice
- Specialist Needs
- Supporting Communication and Sensory Needs

Supporting People with Autism

Staff will ensure that individuals with autism are supported according to their care and support plan, respecting their sensory, communication, and social needs. This includes:

- Following individual communication and sensory care and support profiles
- Maintaining structure and predictability
- Involving and including people important to the individual
- Making any reasonable adjustments in line with the Equality Act 2010

In addition, staff will also follow these policies:



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- Access to NHS Services
- Adults with Autism
- Advocacy
- Co-Production
- Specialist Needs
- Supporting Communication and Sensory Needs
- Positive Risk Taking
- Trauma Informed Care and Support

Supporting People with Sensory Impairments

Staff will support people with visual, hearing, or dual sensory impairments as detailed in their care and support plan which should also include:

- Using agreed communication methods (e.g. sign language, large print)
- Ensuring the environment supports safe access and orientation
- Providing specialist equipment or aids as assessed

In addition, staff will also follow these policies:

- Specialist Needs
- Supporting Communication and Sensory Needs

Supporting People with Physical Disabilities

Staff will provide support that promotes independence, dignity, and safety in line with the individual care and support plan which should also include:

- The use of correct moving and handling techniques
- Supporting access to equipment or adaptations
- Encouraging choice and autonomy

In addition, staff will also follow these policies:

- Access to NHS Services
- Specialist Needs
- Mobility

Supporting People who Misuse Drugs or Alcohol

Staff will offer non-judgmental, person-centred support to individuals affected by drug or alcohol misuse, following their care and support plan which should include information regarding:

- The promotion of harm reduction and recovery
- Following any risk or relapse management plan
- Working closely with healthcare or addiction services

In addition, staff will also follow these policies:

- Access to NHS Services



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- Community Treatment Orders
- Consumption of Alcohol
- Illegal Possession of Drugs on Premises
- Mental Health Act 1983 and Regulations 2008
- Safe and Supportive Observations
- Substance Abuse
- Supporting Mental Health Conditions
- Trauma Informed Care and Support

Supporting People with an Eating Disorder

Staff will support individuals with eating disorders safely and sensitively, following guidance in their care and support plan. Staff must:

- Follow care and meal support plans closely
- Monitor and report any physical or behavioural changes
- Work with health professionals and families where appropriate

In addition, staff will also follow these policies:

- Access to NHS Services
- Nutrition and Hydration
- Prevention and Management of Self-harm and Suicide
- Safe and Supportive Observations
- Supporting Mental Health Conditions
- Trauma Informed Care and Support

:

4.3 What is Safeguarding?

Nema Homecare Limited recognises the definition of 'safeguarding' as the actions taken to keep Adults safe from harm and neglect.

4.4 The Care Act 2014 sets out that adult safeguarding duties apply to any adult who:

- Has care and support needs, and
- Is experiencing, or is at risk of, abuse and neglect, and
- As a result of those care and support needs is unable to protect themselves from either the risk of, or the experience of, abuse or neglect

4.5 Safeguarding adults includes:

- Protecting their rights to live in safety, free from abuse and neglect
- People and organisations working together to prevent the risk of abuse or neglect, and to stop them from happening
- Making sure people's wellbeing is promoted, taking their views, wishes, feelings and beliefs into account
- This must recognise that adults sometimes have complex interpersonal relationships and may be ambivalent, unclear or unrealistic about their personal circumstances



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4.6 Nema Homecare Limited should always promote the Adult's wellbeing in its safeguarding arrangements. Adults have complex lives and being safe is only one of the things they want for themselves. Staff should work with the Adult to establish what being safe means to them and how that can be best achieved. Staff should not be advocating 'safety' measures that do not take account of individual wellbeing.

4.7 What Constitutes Abuse?

Employees at Nema Homecare Limited understand that the Adults it supports can be extremely vulnerable to abuse and neglect, especially if they have care and support needs.

Abuse is a violation of an individual's human or civil right by any other person. It is where someone does something to another person, or to themselves, which puts them at risk of harm and impacts on their health and wellbeing.

Abuse can have a damaging effect on the health and wellbeing of Adults. These effects may be experienced in the short and long term and can sometimes be lifelong.

4.8 The signs of abuse are not always obvious, and a victim of abuse may not tell anyone what is happening to them. Sometimes they may not even be aware they are being abused.

The robust governance processes at Nema Homecare Limited will make sure that staff working for, and on behalf of, Nema Homecare Limited, recognise and respond to the main forms of abuse which are set out in the Care Act 2014 Statutory Guidance Chapter 14.

4.9 The local authority is the lead agency for adult safeguarding and should be notified whenever abuse or neglect is suspected. It will decide whether a safeguarding enquiry is necessary, and if so, who will conduct it. The decision to conduct an enquiry depends on the criteria set out in the Care Act 2014, and not on whether the Adult is eligible for, or receiving, services funded by the local authority

4.10 Everybody has the right to live a life that is free from harm and abuse. Nema Homecare Limited recognises that safeguarding adults at risk of abuse or neglect is everybody's business. Nema Homecare Limited aims to ensure that all adults at risk of abuse or neglect are enabled to live and work, be cared for and supported in an environment free from abuse, harassment, violence or aggression. The safeguarding policies and procedures of Nema Homecare Limited will dovetail with the Essex County Council, London Borough of Islington & Southend-on-sea. multi-agency policy and procedures, which we understand take precedence over those of Nema Homecare Limited. Nema Homecare Limited will ensure that the Essex County Council, London Borough of Islington & Southend-on-sea. policies and procedures are reflected within its own policy and procedure, that this is shared with all staff and is accessible and available for staff to follow.

4.11 Nema Homecare Limited aims to provide services that will be appropriate to the adult at risk and not discriminate because of disability, age, gender, sexual orientation, race, religion, culture, or lifestyle. It will make every effort to enable Adults to express their wishes and make their own decisions to the best of their ability, recognising that such self-determination may well involve risk.

Nema Homecare Limited will work with Adults and others involved in their Care to ensure they receive the support and protection they may require, that they are listened to and treated with respect (including their property, possessions and personal information) and that they are treated with compassion and dignity.

A chaperone, if appropriate, is always present when the Adult needs treatment, and missed healthcare appointments must be monitored to consider signs of abuse or neglect. These



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must be followed up with the healthcare provider and information shared in the best interests and safety of the Adult.

4.12 Nema Homecare Limited will follow the six principles as set out in guidance to the Care Act 2014 and this will inform practice with all Adults:

- **Empowerment** – People being supported and encouraged to make their own decisions and informed consent
- **Prevention** – It is better to take action before harm occurs
- **Proportionality** – The least intrusive response appropriate to the risk presented
- **Protection** – Support and representation for those in greatest need
- **Partnership** – Local solutions through services working with their communities. Communities have a part to play in preventing, detecting and reporting neglect and abuse
- **Accountability** – Accountability and transparency in delivering safeguarding

4.13 Nema Homecare Limited is committed to the principles of 'Making Safeguarding Personal' and aims to ensure that safeguarding is person-led and focused on the outcomes that Adults want to achieve. It will engage Adults in a conversation about how best to respond to their safeguarding situation in a timely way that enhances involvement, choice and control as well as improving quality of life, wellbeing and safety.

4.14 Nema Homecare Limited understands the importance of working collaboratively to ensure that:

- The needs and interests of adults at risk are always respected and upheld
- The human rights of adults at risk are respected and upheld
- A proportionate, timely, professional and ethical response is made to any adult at risk who may be experiencing abuse
- All decisions and actions are taken in line with the Mental Capacity Act 2005 to ensure the best interests of the Adult
- Each adult at risk maintains:
 - Choice and control
 - Safety
 - Health
 - Quality of life
 - Dignity and respect

4.15 Whistleblowing

Nema Homecare Limited has a clear Raising Concerns, Freedom to Speak Up and Whistleblowing Policy and Procedure in place which staff are frequently reminded about and with which they must be familiar. They must also understand how to escalate and report concerns.

Whistleblowing is an important aspect of the support and protection of adults at risk of harm where staff are encouraged to share genuine concerns about safety or wrongdoing within Nema Homecare Limited.

4.16 The Care Worker's Responsibilities

- To be able to recognise and respond to suspected abuse and substandard practice
- To report concerns of harm or poor practice that may lead to harm
- To remain up to date with training
- To read and follow the policy and procedure



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- To know how and when to use the whistleblowing procedures
- To understand the Mental Capacity Act 2005 and how to apply it in practice, including consent and best interests decisions.

4.17 The Registered Home Care Manager's Responsibilities

- To establish the facts about the circumstances giving rise for concern
- To identify sources and level of risk
- To ensure that information is recorded and that the Essex County Council, London Borough of Islington & Southend- on -sea. Adult Safeguarding Team is contacted to inform them of the concern or harm
- If the Adult is at immediate risk of harm, the Registered Home Care Manager will contact the police. The CQC will also be informed
- In all cases of alleged harm, there will be early consultation between Mr Olasunkanmi Adewusi, Essex County Council, London Borough of Islington & Southend- on -sea. and the police to determine whether or not a joint investigation is required. Nema Homecare Limited understands that it may also be necessary to advise the relevant Power of Attorney if there is one appointed. In dealing with incidents of potential harm, people have rights which must be respected and which may need to be balanced against each other
- The wishes of the person harmed will be taken into account whenever possible. This may result in no legal action
- Documentation of any incidents of harm in the Adult's file and using body maps to record any injuries
- Follow Essex County Council, London Borough of Islington & Southend- on -sea. policy guidelines where applicable
- Report any incidents of abuse to the relevant parties
- Work with multi-agencies
- Advise and support staff
- Ensure staff are trained during induction, assess knowledge annually and run refresher training if needed
- Actively promote the whistleblowing policies
- Ensure that agency staff working at Nema Homecare Limited have completed the necessary safeguarding training for their role
- Participate in local Safeguarding Adults Board arrangements for sharing experiences about managing safeguarding concerns
- Share relevant information from Safeguarding Adults Board meeting minutes and reports with staff

4.18 General Principles

- We will have robust recruiting and safer staffing policies in place to make sure that our staff are fit to work with adults at risk and are compliant with national, safe recruitment and employment practices, including the requirements of the Disclosure and Barring Service
- Safeguarding responsibilities should be included in the job description of all staff
- A named safeguarding lead will be in place who is responsible for embedding safeguarding practices and improving practice in line with national and local developments. At Nema Homecare Limited, this person is Olasunkanmi Adewusi
- Any staff member who knows or believes that harm is occurring will report it to their line manager as quickly as possible, or if they feel they cannot follow the regular reporting procedure, they must use the whistleblowing process



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- Nema Homecare Limited will work collaboratively with other agencies, including liaison in relation to the investigation of allegations and will ensure its procedures dovetail with the Essex County Council, London Borough of Islington & Southend-on-sea. multi-agency procedures
- Nema Homecare Limited will use incident reporting, root cause analysis, lessons learned and auditing to determine themes to improve Care practice
- Nema Homecare Limited will have a learning and development strategy which specifically addresses adult safeguarding. Nema Homecare Limited will provide training on the identification and reporting of harm, as well as training on the required standards in relation to procedures and processes should something need to be reported
- Nema Homecare Limited recognises its responsibilities in relation to confidentiality and will share information appropriately
- Nema Homecare Limited will have zero tolerance to harm
- Nema Homecare Limited will work in partnership with other agencies to ensure that concerns or allegations of abuse are appropriately referred for investigation to the most appropriate agency
- Nema Homecare Limited will ensure that any action that is taken is assessed, proportionate and reflective of the risk presented to the people who use the services
- Nema Homecare Limited will report any incidents in line with its regulatory requirements
- Nema Homecare Limited will adhere to the Code of Conduct for Care Workers
- There is a clear, well publicised Raising Concerns, Freedom to Speak Up and Whistleblowing Policy and Procedure in place that staff know how to use

4.19 Leadership, Staff and Culture

Mr Olasunkanmi Adewusi is responsible for providing leadership.

Good governance in safeguarding will follow where it is seen as an integral part of Adult care and all staff take responsibility. Risks of neglect, harm and abuse will be reduced where there is strong leadership and a shared value base where:

- The Adult is the primary concern
- Adults and staff are partners in their care
- Quality is prioritised and measured
- Staff understand the risks of neglect, harm and abuse
- There is a culture of learning and improvement
- There is openness and transparency, and all staff are listened to

4.20 Prevention - Providing information to support Adults

- Nema Homecare Limited will support Adults by providing accessible, easy to understand information on what abuse is and what signs to look out for
- A Safeguarding Leaflet can be found in the Forms section of this policy, and links to support can be found in the Further Reading section
- Nema Homecare Limited will comply with the Accessible Information Standard
- All Adults will receive a copy of the Service User Guide, have access to the Complaints, Suggestions and Compliments Policy and Procedure and be given information on how to escalate any concerns to the Commissioner, CQC, advocacy or Local Government and Social Care Ombudsman should they not be satisfied with the approach taken by Nema Homecare Limited or at any time they wish

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4.21 Prevention - Raising awareness

- Staff will need to be trained and understand the different patterns and behaviours of abuse as detailed in the Care Act 2014, Chapter 14 and Nema Homecare Limited will ensure that it is able to respond appropriately
- Nema Homecare Limited will ensure that all staff are trained on the Raising Concerns, Freedom to Speak Up and Whistleblowing Policy and Procedure and the Mental Capacity Act (MCA) 2005 Policy and Procedure
- During induction training, all employees will complete the 'Understanding Abuse' workbook, as part of the Care Certificate

4.22 Policy Accessibility

Nema Homecare Limited understands that some Adults may take in and retain information in different ways. To support full understanding and engagement, this policy is available in accessible formats. The ReciteMe tool has various ways of making this policy accessible by providing this policy in:

- Audio
- Large print
- Multiple languages

This policy can also be made available in:

- Easy-read versions
- Simple-policy view to reduce navigation and complexity

These options are in place to help Adults to understand and engage with this policy more easily.

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5.2 Forms of Abuse and Neglect

There are different types of abuse and signs and indicators for each. While indicators are not proof of abuse or neglect, they should alert staff to follow the Safeguarding Policy.

It is important that staff at Nema Homecare Limited are aware of the signs of abuse and what to look out for.



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Physical abuse includes:

- Being hit, slapped, pushed or restrained
- Being denied food or water
- Not being helped to go to the bathroom when you need to
- Misuse of medication
- Restraint
- Inappropriate physical sanctions

Signs and indicators of physical abuse include:

- No explanation for injuries or inconsistency with the account of what happened
- Injuries are inconsistent with the person's lifestyle
- Bruising, cuts, welts, burns and/or marks on the body or loss of hair in clumps
- Frequent injuries
- Unexplained falls
- Subdued or changed behaviour in the presence of a particular person
- Signs of malnutrition
- Failure to seek medical treatment or frequent changes of GP

Domestic violence or abuse:

This is typically an incident or pattern of incidents of controlling, coercive or threatening behaviour, violence or abuse by someone who is, or has been, an intimate partner or family member, and can be:

- Psychological
- Physical
- Sexual
- Financial
- Emotional
- So called 'honour' based violence, female genital mutilation and forced marriage

Signs and indicators of domestic violence or abuse include:

- Low self-esteem
- Feeling that the abuse is their fault when it is not
- Physical evidence of violence such as bruising, cuts, broken bones
- Verbal abuse and humiliation in front of others
- Fear of outside intervention
- Damage to home or property
- Isolation – not seeing friends and family
- Limited access to money

Sexual abuse includes:

- Indecent exposure
- Sexual harassment
- Inappropriate looking or touching
- Sexual teasing or innuendo
- Sexual photography
- Being forced to watch pornography or sexual acts
- Being forced or pressured to take part in sexual acts



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- Rape
- Sexual assault

Signs and indicators of sexual abuse include:

- Bruising, particularly to the thighs, buttocks and upper arms and marks on the neck
- Torn, stained or bloody underclothing
- Bleeding, pain or itching in the genital area
- Unusual difficulty in walking or sitting
- Foreign bodies in genital or rectal openings
- Infections, unexplained genital discharge, or sexually transmitted diseases
- Pregnancy in a woman who is unable to consent to sexual intercourse
- The uncharacteristic use of explicit sexual language or significant changes in sexual behaviour or attitude
- Incontinence not related to any medical diagnosis
- Self-harming
- Poor concentration, withdrawal, sleep disturbance
- Excessive fear/apprehension of, or withdrawal from, relationships
- Fear of receiving help with personal care
- Reluctance to be alone with a particular person

Psychological or emotional abuse include:

- Threats to hurt or abandon
- Deprivation of contact
- Humiliating
- Blaming
- Controlling
- Intimidation
- Harassment
- Verbal abuse
- Cyberbullying
- Isolation
- Unreasonable and unjustified withdrawal of services or support networks

Signs and indicators of psychological or emotional abuse include:

- An air of silence when a particular person is present
- Withdrawal or change in the psychological state of the person
- Insomnia
- Low self-esteem
- Uncooperative and aggressive behaviour
- A change of appetite, weight loss/gain
- Signs of distress: tearfulness, anger
- Apparent false claims, by someone involved with the person, to attract unnecessary treatment

Financial or material abuse include:

- Theft
- Fraud
- Internet scamming



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- Coercion in relation to the Adult's financial affairs or arrangements, including in connection with wills, property, inheritance or financial transactions
- Misuse or misappropriation of property, possessions or benefits

Signs and indicators of financial abuse include:

- Missing personal possessions
- Unexplained lack of money or inability to maintain lifestyle
- Unexplained withdrawal of funds from accounts
- Power of attorney or lasting power of attorney (LPA) being obtained after the person has ceased to have mental capacity
- Failure to register an LPA after the person has ceased to have mental capacity to manage their finances, so that it appears that they are continuing to do so
- The person allocated to manage financial affairs is evasive or uncooperative
- The family or others show an unusual interest in the assets of the person
- Signs of financial hardship in cases where the person's financial affairs are being managed by a court appointed deputy, attorney or LPA
- Recent changes in deeds or title to property
- Rent arrears and eviction notices
- A lack of clear financial accounts held by a service
- Failure to provide receipts for shopping or other financial transactions carried out on behalf of the person
- Disparity between the person's living conditions and their financial resources, e.g. insufficient food in the house

Modern slavery includes:

- Slavery
- Human trafficking
- Forced labour and domestic servitude
- Traffickers and slave masters using whatever means they have at their disposal to coerce, deceive and force individuals into a life of abuse, servitude and inhumane treatment

Signs and indicators of modern slavery include:

- Signs of physical or emotional abuse
- Appearing to be malnourished, unkempt or withdrawn
- Isolation from the community, seeming under the control or influence of others
- Living in dirty, cramped or overcrowded accommodation and or living and working at the same address
- Lack of personal effects or identification documents
- Always wearing the same clothes
- Avoidance of eye contact, appearing frightened or hesitant to talk to strangers
- Fear of law enforcers

Discriminatory abuse includes:

Some forms of harassment, slurs or unfair treatment because of:

- Race
- Sex
- Gender and gender identity
- Age



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- Disability
- Sexual orientation
- Religion

Signs and indicators of discriminatory abuse include:

- The person appears withdrawn and isolated
- Expressions of anger, frustration, fear or anxiety
- The support on offer does not take account of the person's individual needs in terms of a protected characteristic

Organisational or institutional abuse:

Including neglect and poor care practice within an institution or specific care setting, or in relation to care provided in the Adult's own home, this may range from one-off incidents to ongoing ill-treatment. It can be through neglect or poor professional practice as a result of the structure, policies, processes and practices within Nema Homecare Limited:

- Discouraging visits or the involvement of relatives or friends
- Run-down or overcrowded establishment
- Authoritarian management or rigid regimes
- Lack of leadership and supervision
- Insufficient staff or high turnover resulting in poor quality care
- Abusive and disrespectful attitudes towards people using the service
- Inappropriate use of restraints
- Lack of respect for dignity and privacy
- Failure to manage residents with abusive behaviour
- Not providing adequate food and drink, or assistance with eating
- Not offering choice or promoting independence
- Misuse of medication
- Failure to provide care with dentures, spectacles or hearing aids
- Not taking account of individuals' cultural, religious or ethnic needs
- Failure to respond to abuse appropriately
- Interference with personal correspondence or communication
- Failure to respond to complaints

Signs and indicators of organisational abuse include:

- Lack of flexibility and choice for people using the service
- Inadequate staffing levels
- People being hungry or dehydrated
- Poor standards of care
- Lack of personal clothing and possessions and communal use of personal items
- Lack of adequate procedures
- Poor record-keeping and missing documents
- Absence of visitors
- Few social, recreational and educational activities
- Public discussion of personal matters
- Unnecessary exposure during bathing or using the toilet
- Absence of individual care plans



- Lack of management overview and support

Neglect or acts of omission include:

- Ignoring medical emotional or physical care needs
- Failure to provide access to appropriate health, care and support or educational services
- Withholding of the necessities of life, such as medication, adequate nutrition and heating
- Failure to administer medication as prescribed
- Not taking account of individuals' cultural, religious or ethnic needs

Signs and Indicators of neglect or acts of omission include:

- Poor environment – dirty or unhygienic
- Poor physical condition and/or personal hygiene
- Pressure ulcers
- Malnutrition or unexplained weight loss
- Untreated injuries and medical problems
- Inconsistent or reluctant contact with medical and social care organisations
- Accumulation of untaken medication
- Uncharacteristic failure to engage in social interaction
- Inappropriate or inadequate clothing

Self-neglect includes:

A wide range of behaviour neglecting to care for one's personal hygiene, health or surroundings and includes behaviour such as hoarding. It should be noted that self-neglect may not prompt a section 42 enquiry. An assessment should be made on a case by case basis. A decision on whether a response is required under safeguarding will depend on the Adult's ability to protect themselves by controlling their own behaviour. There may come a point when they are no longer able to do this, without external support.

- Lack of self-care to an extent that it threatens personal health and safety
- Neglecting to care for one's personal hygiene, health or surroundings
- Inability to avoid self-harm
- Failure to seek help or access services to meet health and social care needs
- Inability or unwillingness to manage one's personal affairs

Signs and indicators of self-neglect include:

- Very poor personal hygiene
- Unkempt appearance
- Lack of essential food, clothing or shelter
- Malnutrition and/or dehydration
- Living in squalid or unsanitary conditions
- Neglecting household maintenance
- Hoarding
- Collecting a large number of animals in inappropriate conditions
- Non-compliance with health or care services
- Inability or unwillingness to take medication or treat illness or injury

5.3 High Risk Groups

Certain groups of people may be at higher risk of abuse or neglect, including:



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- People with care and support needs, such as older people or people with disabilities. They may be seen as an easy target and may be less likely to spot abuse themselves or to report it.
- People with communication difficulties because they may not be able to alert others.
- People with a cognitive impairment, as they may not even be aware that they are being abused.
- People with fluctuating mental capacity, as they may be less likely to spot abuse themselves or report it
- People who appear to self-neglect, as they could also be an easy target
- People who are awaiting emergency assistance or treatment for any reason as they may be unable to protect themselves and may be unable to alert others
- People who may be effected by drugs , alcohol or both as they may not be alert to others and could be seen as an easy target

5.4 Prevention of Abuse

Nema Homecare Limited recognises that it is very important to establish a positive culture where abuse is not tolerated and ways of working and supporting the Adult are focused on providing compassionate, person-centred care and reducing the opportunity for abuse or abusive practice to occur.

This is encouraged by:

- Understanding this safeguarding policy and following the wide range of other policies available within the management system
- Robust and effective recruitment and induction practices
- Ongoing supervision, observation and support for staff on best practice
- Training for staff
- Completion of detailed assessments and Care Plans that provide information about how to effectively support the Adult
- Completion of risk assessments and ensuring these are reviewed and kept up to date.
- Identifying any Adults that are at higher risk of abuse to ensure that additional monitoring and support are effective to reduce the chance of abusive situations developing:
- Ensuring all staff know what is expected of them when they are supporting the Adult who is considered to be in a higher risk group

Additional Measures for High Risk Service Groups

Nema Homecare Limited must recognise that some Adults face higher abuse risks due to health or other factors. A person-centred approach is key to reducing these risks. If additional support is required from Nema Homecare Limited or at other settings like hospitals, Nema Homecare Limited will take extra steps to ensure Adult safety.

Additional Measures from Nema Homecare Limited

Nema Homecare Limited must ensure staff stay with any unwell or emergency-awaiting Adult to provide support, reassurance, and protection. This support should be reviewed and documented regularly to adapt to their needs.

Nema Homecare Limited will assess risks and allocate staffing to reduce risks to the Adult and staff.



Additional Measures - Escorts To Other Settings

- Ideally, Nema Homecare Limited will assign staff familiar with the Adult, including communication preferences, support needs, and triggers to offer appropriate help and prevent escalation
- Assign trained staff to support Adults under alcohol or drug influence, capable of handling distress or challenging behaviours calmly
- Conduct a thorough risk assessment prior to the escort. Identify any specific risks related to the Adult's condition, behaviour, and the journey
- Nema Homecare Limited will inform the setting that Adult is going to, about the Adult's condition, risks, where appropriate to do so. Ensure clear communication with all parties involved
- If possible, arrange for two staff members to accompany the Adult. This ensures there is additional support and reduces the risk of harm or abuse
- Nema Homecare Limited will ensure that staff member(s) are vigilant and continuously monitor the Adult throughout the journey and at the setting for treatment or care. They should never leave the Adult unattended
- Nema Homecare Limited will equip their staff with personal safety devices, such as mobile phones with emergency contact numbers, to ensure they can call for help if needed
- Nema Homecare Limited will ensure the staff are trained in techniques to comfort and calm the individual, reducing distress or anxiety and the potential for behaviour that may become challenging
- Nema Homecare Limited keeps detailed records of the Adult's behaviour, condition, and any incidents that occur during the escort. This documentation can be crucial for future care planning and risk management
- Nema Homecare Limited will have clear emergency protocols and ensure staff are prepared for medical emergencies or escalating Adult behaviour
- After the escort, Nema Homecare Limited will debrief with staff to review successes and areas for improvement, enhancing future safety

5.5 Who Abuses and Neglects?

Anyone in contact with the Adult can perpetrate abuse or neglect, including:

- Volunteers
- Family members
- Friends
- People who deliberately exploit adults they perceive as vulnerable to abuse
- Staff
- Professionals
- Other Adults

5.6 Incidents of Abuse

Patterns of abuse vary and include:

- Serial abuse - in which the person alleged to have caused the harm seeks out and 'grooms' individuals. Sexual abuse sometimes falls into this pattern as do some forms of financial abuse
- Long-term abuse - in the context of an ongoing family relationship such as domestic violence between spouses or generations, or persistent psychological abuse
- Opportunistic abuse - such as theft occurring because money or jewellery has been



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left lying around

Abuse may be one-off or multiple and affect one Adult or more.

Staff should look beyond single incidents or Adults. Nema Homecare Limited should have systems in place to track and monitor incidents, accidents, disciplinary action, complaints and safeguarding concerns, to identify patterns of potential harm..

Repeated instances of poor care may be an indication of more serious problems (organisational abuse). In order to see these patterns, it is important that information is recorded and appropriately shared.

5.7 Concerns

A concern might arise from:

- Something you observe (for example: bruises, a marked change in behaviour)
- An allegation that is made (for example, you are told that someone has behaved inappropriately or put the Adult or colleague at risk)
- A disclosure where the Adult tells you something about themselves or their circumstances that lead you to believe that they are being abused or are at risk of abuse

Staff must be able to:

- **Recognise:** Identify that the Adult at risk may be describing abuse, even when they may not be explicit
- **Respond:** Stay calm, listen and show empathy
- **Record:** Write up notes of the conversation clearly and factually as soon as possible
- **Report** in a timely manner to the appropriate people and organisations

Who do you report your concerns to?

At Nema Homecare Limited the person responsible for safeguarding is:

Olasunkanmi Adewusi

They can be contacted on **02079521480** or **ola.adewusi@nemahomecare.co.uk**

Escalating Concerns

We report our concerns to **Essex County Council, London Borough of Islington & Southend- on -sea.**

The Essex Safeguarding Adults Board (ESAB) Support Team- County Hall, Market Road, Chelmsford, Essex, CM1 1QH; The Southend Safeguarding Adults Board (SSAB) and Partnership Team -Floor 6, Southend Civic Centre, Victoria Avenue, Southend-on-Sea, SS2 6ER; Islington Safeguarding Adults Board - 222 Upper Street, London, N1 1XR

Adult Social Care (Essex): 0345 603 7630 Emergency Duty Team (Out of Hours): Email: socialcaredirect@essex.gov.uk; Southend City Council Adult Social Care Team at 01702 215008 (Option 5, then 1) Tel: 03330 131019. Out-of-Hours: 0345 606 1212 or email eds@essex.gov.uk; Access Service (General/Urgent): 020 7527 2299 Out of Hours: 020 7226 0992. Email: ASCReferrals@islington.gov.uk

Raising a Concern to the CQC



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You can also contact the CQC if you feel that you cannot use the Raising Concerns, Freedom to Speak Up and Whistleblowing Policy and Procedure at Nema Homecare Limited. The CQC can be contacted by using the following methods:

Phone: 03000 616161

Email: Enquiries@cqc.org.uk

Post: CQC National Correspondence, Citygate, Gallowgate, Newcastle upon Tyne, NE1 4PA

5.8 Staff who Consider or Suspect Abuse or Neglect

If staff observe something that causes concern, they should ask the Adult what happened, unless this would be inappropriate or cause further distress.

If the Adult does not communicate with speech, they should help them explain what has happened as far as possible.

The staff member should document what they have seen or been told and report to the Registered Home Care Manager and the Safeguarding Lead, Olasunkanmi Adewusi.

If staff are unsure if there is an indicator of abuse or neglect with the Adult, they should discuss this with the Registered Home Care Manager and the Safeguarding Lead, Olasunkanmi Adewusi at Nema Homecare Limited.

The Registered Home Care Manager and the Safeguarding Lead, Olasunkanmi Adewusi, will decide whether to make a safeguarding referral or to seek further advice from Essex County Council, London Borough of Islington & Southend-on-sea..

Staff who suspect abuse or neglect must act on it; staff must not assume that someone else will do this.

If someone makes an allegation to a member of staff about them or another member of staff or volunteer, that staff member must listen carefully and explain that they will need to pass these concerns to the Registered Home Care Manager and the Safeguarding Lead, Olasunkanmi Adewusi, reassuring them that their concerns will be taken seriously. If the allegation is made by a family member or a worker from another agency, the staff member should take their name and contact details and assure them that the Registered Home Care Manager and the Safeguarding Lead, Olasunkanmi Adewusi, will contact them as soon as possible. The staff member must pass the information to the Registered Home Care Manager and the Safeguarding Lead, Olasunkanmi Adewusi, immediately.

5.9 Responding to a Disclosure or Suspicion of Abuse or Neglect

If the Adult discloses potential or actual abuse, staff will:

Straight away:

- Remain calm and non-judgemental
- Try not to show shock or disbelief
- Not interrupt the Adult who is freely recalling significant events, allow them to tell you whatever they want to share
 - Some Adults may simply be telling a story and not realise that they are subject to abuse. It is important to keep this in mind and be thoughtful in response



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- Take whatever action is required to ensure the immediate safety or medical welfare of the Adult(s) at risk
 - Where appropriate, call 999 for the emergency services if there is a medical emergency, other danger to life or risk of imminent injury, or if a crime is in progress. Where a crime is suspected of being committed, leave things as they are wherever possible
 - Call for medical assistance from the GP or NHS 111 if there is a concern about the Adult's need for medical assistance or advice, when the situation is not life-threatening or is out of hours
- Reassure the Adult that they are right to share this information with you; show empathy with them
- Do not press for more detail
- Do not make promises that cannot be kept
- Remain sympathetic and attentive

Then:

- Listen carefully and reflect back what you are being told to ensure you have correctly grasped what is being said
- Use simple and open questions, do not ask leading questions, (e.g. 'So was it Peter who did that?') or attempt to 'investigate' in any way
- Explain carefully that what they have said is worrying and that you have to share that with your line manager
 - Explain the safeguarding process to the Adult and discuss the next steps
 - Explain that your manager may contact the Essex County Council, London Borough of Islington & Southend- on -sea. Safeguarding Adults Team and/or the Police
- Seek the Adult's consent to share this information
- As soon as you can, write down an account of your conversation, try to use the words/phrases that the Adult used. Sign and date your record
- Preserve evidence (physical evidence - for example, ask the Adult to not wash or bathe)
- Inform the Registered Home Care Manager or the Safeguarding Lead, Olasunkanmi Adewusi, as soon as possible to inform them of the incident or concern
 - The Registered Home Care Manager, Mr Olasunkanmi Adewusi, will be contacted on 07446761145
 - The Safeguarding Lead, Olasunkanmi Adewusi, will be contacted on 02079521480
- Do not share this information with anyone else
- Do not contact the person alleged to have caused the harm about the incident yourself, unless this is essential (for example, if Mr Olasunkanmi Adewusi needs to immediately suspend a member of staff)
- The Adult may feel frightened, so ask whether they want someone they feel comfortable with to stay with them

Staff must inform the Registered Home Care Manager or Safeguarding Lead, Olasunkanmi Adewusi, unless they are the person alleged to have caused the harm; if this is the case, then support should be sought directly from another manager, Nema Home Care Limited or Essex County Council, London Borough of Islington & Southend- on -sea..

Staff must also take action without the immediate authority of the Registered Home Care Manager or Safeguarding Lead, Olasunkanmi Adewusi:



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- If a discussion with them would involve a delay in an apparently high-risk situation
- If they have raised concerns with the Registered Home Care Manager or Safeguarding Lead, Olasunkanmi Adewusi, and they have not taken appropriate action (whistleblowing)

There should be effective and well publicised ways of escalating concerns where the Registered Home Care Manager or Safeguarding Lead, Olasunkanmi Adewusi, does not take action in response to a concern being raised.

The Registered Home Care Manager or Safeguarding Lead, Olasunkanmi Adewusi, will:

- Listen to any staff member if they speak up about abuse or neglect, take them seriously and act accordingly
- Consider if there are other adults or children with care and support needs who are at risk of harm and take appropriate steps to protect them
- Support and encourage the Adult to contact the police if a crime has been, or may have been, committed

When responding to indicators of abuse and neglect, staff must:

- Follow the principles of the Making Safeguarding Personal Framework:
 - Ensure that any actions are guided by the wishes and feelings of the Adult
 - Be aware that Adults experiencing abuse or neglect may be influenced, coerced or controlled by someone else
 - Be aware that duties of care and public interest can override personal preference, for example, there is a risk that a person alleged to have caused the harm could abuse again - this needs to be addressed and prevented
- Staff must also follow the principles of the Mental Capacity Act 2005 if the Adult lacks capacity

5.10 Documenting a Disclosure

Nema Homecare Limited must ensure that staff:

- Record what the Adult actually said, using their own words and phrases
- Describe the circumstance in which the disclosure came about
- Note the setting and anyone else who was there at the time
- When there are cuts, bruises or other marks on the skin, use a body map to indicate their location, noting the colour of any bruising
- Record information that is factual
- Use a pen with black ink so that the report can be photocopied
- Keep writing clear
- Sign and date the report, noting the time and location
- Are aware that the report may be needed later as part of a legal action or disciplinary procedure

Mr Olasunkanmi Adewusi must ensure they preserve any evidence relating to a safeguarding concern, including care records, as these may be required in future for local authority enquiries or police investigations. For further information please refer to the Record Keeping policy and procedure.

5.11 Response by the Registered Home Care Manager or Safeguarding Lead to Reports of Abuse or Neglect

The Registered Home Care Manager and the Safeguarding Lead, Olasunkanmi Adewusi, at Nema Homecare Limited should treat any report of abuse or neglect as a safeguarding concern and:



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- Ask the Adult at risk what they would like to happen next
- Ensure that they have access to communication support
- Explain that they have a responsibility to report concerns to Essex County Council, London Borough of Islington & Southend-on-sea., and tell the Adult who they will report to, why, and when

Decision-Making Pre-referral to the Essex County Council, London Borough of Islington & Southend-on-sea. Safeguarding Adults Team:

The Registered Home Care Manager or Safeguarding Lead, Olasunkanmi Adewusi, will lead on decision-making.

When considering if a safeguarding concern needs to be completed, the Registered Home Care Manager or Safeguarding Lead, Olasunkanmi Adewusi, must consider the three duties in Section 42 (1) of the Care Act 2014:

- Does the person have needs for care and support (whether or not the authority is meeting any of those needs)?
- Are they experiencing, or at risk of, abuse or neglect? and
- As a result of those needs, are they unable to protect themselves against the abuse or neglect or the risk of it?

When using professional judgement to determine whether an incident is reported to the local authority safeguarding adults team/police, the Registered Home Care Manager or Safeguarding Lead, Olasunkanmi Adewusi, should consider the following:

- The consequences to the alleged victim and the equality of the relationship between the person alleged to have caused the harm and the alleged victim
- The ability of the alleged victim to consent
- The mental capacity of the person alleged to have caused the harm to understand the consequences of their decision to act in the way that is alleged
- The intent of the person alleged to have caused the harm
- The frequency of this and similar allegations regarding the person alleged to have caused the harm
- The alleged victim considers the actions against them to be abusive
- The alleged victim or carer is distressed, fearful or feels intimidated by the incident
- You believe that there is a deliberate attempt to cause harm or distress
- Incidents are repetitive and targeted to either the Adult or others
- The action resulted in a physical injury
- A crime has been committed
- The incident involves a member of staff
- If any other people (including children) are at risk as well as the Adult you are concerned about

In the decision-making process, they must evidence the following:

- Why does this adult(s) need safeguarding – what are the risks?
- What actions need to be taken to reduce that risk?
- Do they consent to this action?
- Are others potentially at risk?

The Registered Home Care Manager or Safeguarding Lead, Olasunkanmi Adewusi, will document their decision-making process.



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If the Registered Home Care Manager or Safeguarding Lead, Olasunkanmi Adewusi, is not sure whether to make a safeguarding referral to Essex County Council, London Borough of Islington & Southend- on -sea. (because they are not sure whether they suspect abuse or neglect), they should discuss this with Essex County Council, London Borough of Islington & Southend- on -sea..

If a Adult does not want any safeguarding actions to be taken, but abuse or neglect is suspected, a safeguarding referral must still be made.

Nema Homecare Limited will ensure that staff are aware of the Essex County Council, London Borough of Islington & Southend- on -sea. reporting procedures and timescales for raising adult safeguarding concerns.

If a referral is made but the Adult at risk is reluctant to continue with an investigation, this must be recorded and brought to the attention of the Essex County Council, London Borough of Islington & Southend- on -sea. safeguarding adults team. This will enable a discussion on how best to support and protect the Adult at risk.

5.12 Consent and Mental Capacity

When reporting information that directly concerns the safety of an adult at risk of harm, consent from the Adult is not required. However, informing the Adult of your concerns and your referral is good practice unless it would put you or your colleagues at risk or it would put the adult at further risk. When reporting allegations or concerns about an adult at risk of harm to the Local Authority, the Local Authority must be informed whether or not the Adult is aware of the report.

The Adult lacks capacity if their mind is impaired or disturbed in some way, and this means the Adult is unable to make a decision at that time.

- Where a mental capacity assessment identifies that the Adult lacks the mental capacity to give valid consent, consent will be sought from the Adult's legally authorised representative (such a person having Lasting Power of Attorney)
- The assessor will consider whether the lack of capacity is temporary or permanent and consider if there are occasions when mental capacity fluctuates. *The Nema Homecare Limited will need to take additional measures to reduce the risk of the person being abused or exploited due to the lack of mental capacity.*
- The Adult will be supported and encouraged to be involved, as far as they want to and are able, in decisions with regard to safeguarding referrals

It may be that Nema Homecare Limited works in partnership with other professionals such as a social worker, GP or psychologist to arrange a formal assessment for complex decision making.

Nema Homecare Limited ensures that staff receive training and understand the 5 Principles of the Mental Capacity Act to implement in their service:

- The presumption of capacity
- Adults are supported to make their own decisions
- Adults can make unwise decisions
- Best interest decisions
- Least restrictive option

More detailed information can be found in the Mental Capacity Act (MCA) 2005 Policy and Procedure, which staff adhere to.

In reporting all suspected or confirmed cases of harm, an employee has a responsibility to act in the best interest of the Adult but still operate within the relevant legislation and the



parameters of the codes and standards of their practice.

5.13 Referral to the Essex County Council, London Borough of Islington & Southend- on -sea. Safeguarding Adults Team

Nema Homecare Limited must ensure that the Essex County Council, London Borough of Islington & Southend- on -sea. safeguarding adult referral process is followed and must collect the following information to assist with the referral. The referral process must be clearly visible with contact numbers, including out-of-hours, where staff can access the information.

Where the Integrated Care Board is the commissioner they must also be informed.

The referral information will also be required for some of the CQC notification of abuse documentation. Nema Homecare Limited must use any up-to-date Care Plan information where possible and have the following information available where possible:

- Contact details for the adult at risk, the person who raised the concern and for any other relevant individual, and next of kin
- Basic facts, focusing on whether or not the Adult has care and support needs including communication and ongoing health needs
- Factual details of what the concern is about; what, when, who, where?
- Immediate risks and action taken to address risk
- Preferred method of communication
- If reported as a crime, details of which police station/officer; crime reference number
- Whether the adult at risk has any cognitive impairment which may impede their ability to protect themselves
- Any information on the person alleged to have caused harm
- Wishes and views of the adult at risk, in particular consent
- Advocacy involvement (includes family/friends)
- Information from other relevant organisations, for example, the CQC
- Any recent history (if known) about previous concerns of a similar nature or concerns raised about the same person, or someone within the same household
- Names of any staff involved

5.14 Local Authority Safeguarding Enquiry

Essex County Council, London Borough of Islington & Southend- on -sea. may well be reassured by the response of Nema Homecare Limited so that no further action is required. However, Essex County Council, London Borough of Islington & Southend- on -sea. would have to satisfy itself that the response of Nema Homecare Limited has been sufficient to deal with the safeguarding issue and, if not, to undertake any enquiry of its own. This will identify if action needs to be taken and who needs to take that action.

The enquiry:

- Could be an informal conversation with the Adult at risk
- Could be a more formal multi-agency discussion
- Does not have to follow a formal safeguarding process

The objectives of an enquiry are to:

- Establish facts
- Ascertain the Adult's views and wishes
- Assess the needs of the Adult for protection, support and redress and how they



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might be met

- Protect from the abuse and neglect, in accordance with the wishes of the Adult
- Make decisions as to what follow-up action should be taken with regard to the person or organisation responsible for the abuse or neglect
- Enable the Adult to achieve resolution and recovery

If Essex County Council, London Borough of Islington & Southend- on -sea. decides that Nema Homecare Limited should make the enquiry, then Essex County Council, London Borough of Islington & Southend- on -sea. should be clear about timescales, the need to know the outcomes of the enquiry and what action will follow if this is not done.

What happens as a result of an enquiry should reflect the Adult's wishes wherever possible, as stated by them or by their representative or advocate. If they lack capacity, it should be in their best interests if they are not able to make the decision, and be proportionate to the level of concern. The Adult should always be involved from the beginning of the enquiry. Staff will follow the Mental Capacity Act Policy and Procedure with regards to consent.

Strategy Meeting/Case Conference:

- Following the investigation or at any time during the process, a case conference with all relevant agencies may be called to make decisions about future action to address the needs of the Adult
- Any agency involved in the case may ask for a case conference to be held but the final decision to hold a conference is with the Essex County Council, London Borough of Islington & Southend- on -sea. Safeguarding Adults Team Manager
- Nema Homecare Limited must ensure that it attends this meeting when invited and that all relevant information about the incident is available. A timeline of events is a useful document to prepare in complex cases

Safeguarding Adults Reviews:

- Safeguarding adults reviews (SARs) are a statutory requirement for Safeguarding Adults Boards with the purpose of promoting learning and improving safeguarding practice
- A safeguarding adults review must be arranged by a Safeguarding Adults Board if:
 - There is reasonable cause for concern that partner agencies could have worked more effectively to protect an adult and
 - Serious abuse or neglect is known or suspected and
 - Certain conditions are met, in line with section 44 of the Care Act 2014 and related statutory guidance

5.15 Involve the Adult Concerned Throughout the Enquiry:

- The process must be explained to the Adult in a way they will understand and their consent to proceed with the enquiry obtained, if possible
- Arrangements will be made to have a relative, friend or independent advocate present if the Adult so desires. The relative, friend or independent advocate must not be a person suspected of being in any way involved or implicated in the abuse
- A review of the Adult's Care Plan and risk assessments must be undertaken to ensure individualised support following the incident
- The Adult will be supported by Nema Homecare Limited to take part in the safeguarding process to the extent to which they wish, or are able to, having regard for their decisions and opinions. They must be kept informed of progress

Desired Outcomes Identified by the Adult:



The desired outcome by the Adult at risk must be clarified and confirmed:

- To ensure that the outcome is achievable
- To manage any expectations that the Adult may have
- To give focus to the enquiry
- Mr Olasunkanmi Adewusi will support Adults at risk to think in terms of realistic outcomes but must not restrict or unduly influence the outcome that the Adult would like. Outcomes must make a difference to risk and, at the same time, satisfy the Adult's desire for justice and enhance their wellbeing
- The Adult's views, wishes and desired outcomes may change throughout the course of the enquiry process
- There must be an ongoing dialogue and conversation with the Adult to ensure that their views and wishes are gained as the process continues and enquiries re-planned if the Adult changes their views
- The Adult will be informed of the outcome of any investigation, but guidance will be sought from the Essex County Council, London Borough of Islington & Southend-on-sea. Safeguarding Adults Team before any outcome is shared

5.16 After An Enquiry

Once an initial enquiry has been undertaken, discussions should be had with the Adult as to whether a further enquiry is needed and what further action could be taken.

That action could include disciplinary, complaints or criminal investigations or work by contracts managers and CQC to improve care standards.

Essex County Council, London Borough of Islington & Southend-on-sea. must determine what further action is necessary. One outcome may be the formulation of agreed action or a safeguarding plan for the Adult which should be recorded in their Care Plan. This will be the responsibility of the relevant agencies to implement. This will entail joint discussion, decision taking and planning with the Adult for their future safety and wellbeing.

In relation to the Adult, this could set out:

- What steps are to be taken to assure their safety in future
- The provision of any support, treatment or therapy including ongoing advocacy
- The need for fuller assessments by health and social care agencies
- Any modifications needed in the way services are provided (for example, same gender care or placement; appointment of an OPG deputy)
- How best to support the Adult through any action they take to seek justice or redress
- Any ongoing risk management strategy as appropriate
- Any action to be taken in relation to the person or organisation that has caused the concern

5.17 If a Safeguarding Concern is not agreed

If Essex County Council, London Borough of Islington & Southend-on-sea. decides not to investigate, staff must ensure the continual safety of Adults.

Staff should:

- Evaluate existing risk assessments and Care Plans. Ensure that there is clear, documented evidence that this has occurred
- If the existing risk assessments and Care Plans do not cover the current risk(s), staff must implement new ones to ensure measures have been put in place to



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reduce future risk

- Staff can consider other referral options (this list is not exhaustive):
 - Human resources (capability/disciplinary routes)
 - Health and safety
 - Complaints
 - Essex County Council, London Borough of Islington & Southend-on-sea. care management, request review of current Care Plan, request for a case conference
 - NHS continuing care team, request a review
 - Request for a best interest meeting

5.18 Informing the Relevant Inspectorate

- By law, Nema Homecare Limited must notify the Care Quality Commission without delay of incidents of abuse and allegations of abuse, as well as any incident which is reported to, or investigated by, the police
- Nema Homecare Limited must notify CQC about abuse or alleged abuse involving a person(s) using the service, whether the person(s) is/are the victim(s), the abuser(s), or both
- Nema Homecare Limited must also alert the relevant local safeguarding authority when notification is made to CQC about abuse or alleged abuse
- The forms are available on CQC's website
- If a concern is received via the whistleblowing procedure, Nema Homecare Limited must inform the Essex County Council, London Borough of Islington & Southend-on-sea. Safeguarding Team and CQC

5.19 Support and Supervision

Nema Homecare Limited will recognise that dealing with situations involving abuse and neglect can be stressful and distressing for staff and workplace support should be available.

During safeguarding enquiries, Mr Olasunkanmi Adewusi should:

- Be aware of how safeguarding allegations can affect the way other staff and Adults view the Adult subject to a safeguarding enquiry
- If staff are concerned about working with the Adult who has made allegations, Mr Olasunkanmi Adewusi should provide support, additional training and supervision to address these concerns and ensure that the Adult is not victimised by staff
- Acknowledge that enquiries are stressful and that morale may be low
- Think of ways to support staff (such as one-to-one supervision and team meetings)
- Provide extra support to cover absences as part of the enquiry, and to help staff continue providing consistent and high-quality care
- Direct staff to sources of external support or advice if needed

Regular face-to-face supervision and reflective practice from skilled line managers is essential to support staff, and to enable staff to work confidently and competently with difficult and sensitive situations.

Mr Olasunkanmi Adewusi has a central role in ensuring high standards of practice at Nema Homecare Limited and that staff are properly equipped and supported.



5.20 Confidentiality and Information Sharing

In seeking to share information for the purposes of protecting adults at risk, Nema Homecare Limited is committed to the following principles:

- Personal information will be shared in a manner that is compliant with the statutory responsibilities of Nema Homecare Limited
- Adults at risk will be fully informed about information that is recorded about them and, as a general rule, be asked for their permission before information about them is shared with colleagues or another agency. However, there may be justifications to override this principle if the adult or others are at risk
- Staff will receive appropriate training on Adult confidentiality and secure data sharing
- The principles of confidentiality designed to protect the management interests of Nema Homecare Limited must never be allowed to conflict with those designed to promote the interests of the adult at risk
- Staff will follow policies at Nema Homecare Limited on UK GDPR, data protection, confidentiality and comply with the Caldicott principles

5.21 Staff Alleged to be Responsible for Abuse or Neglect

Nema Homecare Limited does not only have a duty to the Adult, but also a responsibility to take action in relation to the employee when allegations of abuse are made against them. Nema Homecare Limited should ensure that their disciplinary procedures are compatible with the responsibility to protect adults at risk of abuse or neglect.

When a member of staff is subject to a safeguarding enquiry, Mr Olasunkanmi Adewusi should:

- Tell them about any available Employee Assistance Programme
- Tell them about professional counselling and occupational health services (if available)
- Make them aware of their rights under employment legislation and any internal disciplinary procedures
- Nominate someone to keep in touch with them throughout the enquiry (if they are suspended from work)
 - They should be able to request that the nominated person be replaced, if they think there is a conflict of interest
 - The nominated person should not be directly involved with the enquiry
- If the police are involved, tell them who the nominated person is

For members of staff who return to work after being suspended, Mr Olasunkanmi Adewusi should:

- Arrange a return-to-work meeting when the enquiry is finished, to give them a chance to discuss and resolve any problems
- Agree a programme of guidance and support with them

Where appropriate, Mr Olasunkanmi Adewusi should report staff to the statutory and other bodies responsible for professional regulation such as the Nursing and Midwifery Council.

If Mr Olasunkanmi Adewusi is subject to a safeguarding enquiry, Nema Home Care Limited should put an acting manager in their place if required.

5.22 Disclosure and Barring Service (DBS) Referral

There is a statutory requirement for providers of Care to refer workers to the DBS for inclusion on the DBS Vetting and Barring scheme list if they consider that the person is

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guilty of misconduct such that an adult at risk was harmed or placed at risk of harm. The legal duty to refer to the Disclosure and Barring Service also applies where a staff member leaves their role to avoid a disciplinary hearing following a safeguarding incident and Nema Homecare Limited feels they would have dismissed the person based on the information they hold.

Please see the DBS/Disclosure Policy and Procedure for further procedures regarding initial employment and referral.

5.23 Abuse by Another Adult at Risk

Nema Homecare Limited recognises that they may also have responsibilities towards the person causing the harm, and certainly will have if they are both in a care setting or have contact because they attend the same place (for example, a day centre). The person causing the harm may themselves be eligible to receive an assessment. In this situation, it is important that the needs of the Adult at risk who is the alleged victim are addressed separately from the needs of the person causing the harm. It will be necessary to reassess the adult allegedly causing the harm.

Under the Mental Capacity Act 2005, people who lack capacity and are alleged to be responsible for abuse, are entitled to the help of an Independent Mental Capacity Advocate to support and represent them in the enquiries that are taking place. This is separate from the decision whether or not to provide the victim of abuse with an independent advocate under the Care Act.

5.24 Management of Allegations Against People in Positions of Trust (PiPoT)

A relationship of trust is one in which one person is in a position of power or influence over the other person because of their work or the nature of their activity. Any allegation against a person who works with adults with care and support needs must be reported immediately to Mr Olasunkanmi Adewusi.

When an allegation is made against a PiPoT, Nema Homecare Limited will refer this to Essex County Council, London Borough of Islington & Southend-on-sea. as part of the safeguarding process. For sensitive information, it may be necessary to contact the Adult Local Authority Designated Officer directly and Nema Homecare Limited will ensure this information is readily available as well as the Essex County Council, London Borough of Islington & Southend-on-sea. policy itself which outlines the local protocol in this instance.

Where the person alleged to have caused the harm or neglect is a volunteer or a member of a community group, Nema Homecare Limited must work with adult social services to support any action under this policy.

Where the person alleged to have caused the harm is a neighbour, a member of the public, a stranger or a person who deliberately targets vulnerable people, the Adult at risk should receive the services and support that they may need. In all cases, issues of consent, confidentiality and information sharing must be considered.

5.25 Safeguarding Concerns about the Registered Home Care Manager, Nominated Individual and/or Olasunkanmi Adewusi

Nema Homecare Limited takes safeguarding concerns about the Registered Home Care Manager or Olasunkanmi Adewusi seriously. As a result, the following process applies:

At this service, the roles of registered manager, nominated individual and/or safeguarding adult lead are held by the same person. For impartiality and accountability, individuals wishing to raise safeguarding concerns will be directed to the CQC and the local authority

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safeguarding teams as detailed in Section 1.1 of this policy. If staff or other individuals have safeguarding concerns about:

- The registered manager, they can report their concerns to the nominated individual or the safeguarding adult lead
- The nominated individual, they can report their concerns to the registered manager or the safeguarding adult lead
- The safeguarding adult lead, they can report their concerns to the registered manager or the nominated individual

Contact details can be found in Section 1.1 of this policy.

- **Follow the Raising Concerns, Freedom to Speak Up, Whistleblowing Policy and Procedure at Nema Homecare Limited**

Alternatively the following can be contacted:

- **Local Authority Safeguarding Team:** Essex County Council, London Borough of Islington & Southend-on-sea.
 - Contact: The Essex Safeguarding Adults Board (ESAB) Support Team- County Hall, Market Road, Chelmsford, Essex, CM1 1QH; The Southend Safeguarding Adults Board (SSAB) and Partnership Team -Floor 6, Southend Civic Centre, Victoria Avenue, Southend-on-Sea, SS2 6ER; Islington Safeguarding Adults Board - 222 Upper Street, London, N1 1XR
 - Telephone: Adult Social Care (Essex): 0345 603 7630 Emergency Duty Team (Out of Hours): Email: socialcaredirect@essex.gov.uk; Southend City Council Adult Social Care Team at 01702 215008 (Option 5, then 1) Tel: 03330 131019. Out-of-Hours: 0345 606 1212 or email eds@essex.gov.uk; Access Service (General/Urgent): 020 7527 2299 Out of Hours: 020 7226 0992. Email: ASCR referrals@islington.gov.uk
- **The Care Quality Commission (CQC):**
 - Address: Citygate, Gallowgate, Newcastle upon Tyne NE1 4PA
 - Email: enquiries@cqc.org.uk
 - Telephone: 03000 616161
 - Report online: <https://www.cqc.org.uk/give-feedback-on-care>
- **The Police**
 - If the safeguarding concerns involve criminal activity, such as physical or sexual abuse or if someone is in immediate danger, the matter should be reported to the police. They can investigate and take immediate action if needed

In cases where the Registered Home Care Manager or Olasunkanmi Adewusi are suspended due to a pending investigation, the Discipline Policy and Procedure will be followed. In these instances, Nema Home Care Limited or another representative instructed by Nema Homecare Limited will be responsible for this process.

5.26 Allegations Against People who are Relatives or Friends

There is a clear difference between unintentional harm caused inadvertently by a relative or friend and a deliberate act of either harm or omission, in which case the same principles and responsibilities for reporting to the police apply. In cases where unintentional harm has occurred, this may be due to lack of knowledge or due to the fact that the relative's own physical or mental needs make them unable to care adequately for the adult at risk. The relative may also be an adult at risk. In this situation, the aim is to protect the adult from harm, work to support the relative to provide support and to help make changes in their behaviour in order to decrease the risk of further harm to the person they are caring for. A carer's assessment will take into account a number of factors and a referral to Essex



County Council, London Borough of Islington & Southend- on -sea. will be made as part of the safeguarding process.

5.27 Pressure Ulcers

Nema Homecare Limited must follow local safeguarding reporting requirements and the Department of Health and Social Care (DHSC) guidance 'Pressure Ulcers: How to Safeguard Adults' (a link can be found in the Underpinning Knowledge section of this policy) with regards to pressure ulcers.

The aim of the DHSC guidance is to provide a national framework, identifying pressure ulcers as primarily an issue for clinical investigation rather than a safeguarding enquiry led by the local authority. Indicators to help decide when a pressure ulcer case may additionally need a safeguarding enquiry are included.

'It is the responsibility of the designated safeguarding lead in each setting to appropriately triage any safeguarding concerns and ensure that referrals to the local authority for consideration of a section 42 (2) enquiry are appropriate.' (GOV.UK 2025)

The DHSC guidance contains the following appendices that are used in the decision making:

- Appendix 1: Adult safeguarding decision guide
- Appendix 2: Body map
- Appendix 3: Adult safeguarding concern proforma regarding pressure ulceration

Safeguarding Concern Assessment Guidance:

- A history of the development of the skin damage should first be obtained by a clinician, usually a nurse
- Where there is concern from the clinician assessing the pressure ulcer that there has been abuse or neglect that can be directly associated with the pressure ulcer, there is a need to raise it as a safeguarding concern within Nema Homecare Limited
- In some cases it may warrant raising a safeguarding concern with Essex County Council, London Borough of Islington & Southend- on -sea.
- If the Adult's care has recently been transferred, this may require contact being made with former care providers for information to seek clarification about the cause and timing of the skin damage. This is the responsibility of Nema Homecare Limited and a concern should not be raised with Essex County Council, London Borough of Islington & Southend- on -sea. until this has been done
- If a concern is raised that the Adult has severe damage, Mr Olasunkanmi Adewusi should:
 - Complete the adult safeguarding decision guide
 - Raise an incident immediately as per the policy of Nema Homecare Limited
 - (Severe damage in the case of pressure ulcers may be indicated in some cases by multiple category 2 or single category 3 or 4 ulcers, but could also be indicated by the impact the pressure damage has on the Adult affected (for example, pain)

Adult Safeguarding Decision Guide:

- The decision guide should be completed by a qualified member of staff who is a practising registered nurse (RN) with experience in wound management and not directly involved in the provision of care to the Adult at the time the pressure ulcer developed
- The adult safeguarding decision guide should be completed immediately or within 48 hours of identifying the pressure ulcer of concern. In exceptional circumstances



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this timescale may be extended but the reasons for extension should be recorded

- The outcome of the assessment should be documented on the adult safeguarding decision guide. If further advice or support is needed with regards to making the decision to raise a concern to Essex County Council, London Borough of Islington & Southend- on -sea., the Registered Home Care Manager or the Safeguarding Lead, Olasunkanmi Adewusi, should be involved
- Where the Adult has been transferred into the care of Nema Homecare Limited it may not be possible to complete the decision guide. Contact should be made with the transferring organisation to ascertain if the decision guide has been completed or any other action taken
- Following this, a decision should be made whether to raise a safeguarding adults concern with Essex County Council, London Borough of Islington & Southend- on - sea., in line with agreed local arrangements
- The decision as to whether there should be a Section 42 enquiry will be taken by the local authority, informed by a clinical view. A summary of the decision should be recorded and shared with all agencies involved
- Where an internal investigation is required, this should be completed by the organisation that is, or was, taking care of the Adult when the pressure ulcer developed, in line with the local policies
- The local authority needs to decide or agree after completion of the internal investigation if a full multi-agency meeting (virtual or face to face) needs to be convened to agree findings, decide on safeguarding outcomes and any actions
- The safeguarding decision guide assessment considers 6 important questions that together indicate a safeguarding decision guide score. This score should be used to help inform decision making regarding escalation of safeguarding concerns related to the pressure ulceration. It is not a tool to risk assess for the development of pressure damage
- The threshold for raising a concern is 15 or above in most instances. However, this should not replace professional judgement
- Photographic evidence to support the report should be provided wherever possible. Consent for this should be sought as per local policy but great sensitivity and care must be taken to protect the identity of the individual
- A body map should be used to record skin damage and can be used as evidence, if necessary, at a later date. If 2 workers observed the skin damage, they should both sign the body map where possible
- Documentation of the pressure ulcer should include as a minimum:
 - Site
 - Size (including its maximum length, width and depth in centimetres)
 - Tissue type
 - Category
- Where the decision guide score is 15 or higher, or where professional judgement determines safeguarding concerns, copies of the completed decision guide and safeguarding concern proforma should then be sent to the adult safeguarding team within Essex County Council, London Borough of Islington & Southend- on -sea.. Copies of both should also be retained in the Adult's Care Plan
- Where there is no indication that a safeguarding concern needs to be raised, the completed decision guide should be retained in the Adult's Care Plan



5.28 Medication Errors

Nema Homecare Limited must follow local safeguarding reporting procedures for medication errors and ensure that notifications are made to the CQC in line with statutory requirements. Nema Homecare Limited will have an open and transparent approach to medication incidents, ensure that staff follow the Medication Errors and Near Misses Policy and Procedure at Nema Homecare Limited and understand their duty of candour responsibilities.

5.29 Exploitation by Radicalisers who Promote Violence

Individuals may be susceptible to exploitation into violent extremism by radicalisers. Staff will be expected to follow the Protecting Adults at Risk from Radicalisation Policy and Procedure in place at Nema Homecare Limited.

5.30 Self-neglect and Refusal of Care

Nema Homecare Limited must ensure that staff understand the importance of delivering care as detailed in the Care Plan. Where the Adult refuses Care, this must always be documented. Where refusal occurs repeatedly, it must be escalated by Nema Homecare Limited as a safeguarding concern and a request for a review of the Adult's Care will be instigated.

Where a Adult is refusing support or care which may cause self-neglect, they can also be at greater risk of abuse from others, as they may not be on the radar on local services that could provide a safety net against abuse.

5.31 Restrictive Practices Including Restraint and Physical Interventions

The Restrictive Practices Including Restraint and Physical Interventions Policy and Procedure must always be followed to prevent the unauthorised and potentially abusive use of restraint, physical interventions or restrictive practices at Nema Homecare Limited.

At all times if restraint/physical intervention is used it:

- Must be only used when absolutely necessary, be proportionate in relation to the risk of harm and the seriousness of that harm to the person using the service or another person
- Takes account of the assessment of the person's needs and their capacity to consent to such treatment
- Follows current legislation and guidance

Nema Homecare Limited will regularly monitor and review the approach to, and use of, restraint and restrictive practices. If any aspect of the restraint policy is not followed it is recognised that there may be abuse and in those situations this safeguarding policy will be used to assess, manage and define any actions taken.

5.32 Abuse and Sexual Safety

We recognise that culture, environment and processes support the Adult's sexuality and keep them and staff safe from sexual harm. As such, Nema Homecare Limited will ensure that sexuality is discussed as part of the Care Plan process and is addressed positively to support people to raise concerns where necessary.

The CQC publication on sexuality and sexual safety can be referred to for further guidance in this area.

5.33 Criminal offences

Everyone is entitled to the protection of the law and access to justice. Behaviour which amounts to abuse and neglect, for example physical or sexual assault or rape,

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psychological abuse or hate crime, wilful neglect, unlawful imprisonment, theft and fraud and certain forms of discrimination also often constitute specific criminal offences under various pieces of legislation.

Essex County Council, London Borough of Islington & Southend-on-sea. has the lead role in making enquiries. However, where criminal activity is suspected, the early involvement of the police should take place.

5.34 Risk Assessment and Management

Achieving a balance between the right of the Adult to control their Care package and ensuring that adequate protections are in place to safeguard wellbeing is a very challenging task. The assessment of the risk of abuse, neglect and exploitation of Adults will be integral in all assessment and planning processes. Assessment of risk is dynamic and ongoing, especially during the adult safeguarding process, and must be reviewed throughout so that adjustments can be made in response to changes in the levels and nature of risk.

5.35 Training and Competencies

Nema Homecare Limited has a robust training programme relating to safeguarding, ensuring that staff understand the different types of abuse and how to recognise and respond to incidents, allegations or concerns of abuse or harm.

Nema Homecare Limited will benchmark its training and competencies within the service with the framework outlined in the Royal College of Nursing Intercollegiate Guidance, 'Adult Safeguarding: Roles and Competencies for Health Care Staff' (2024), which it recognises applies to social care staff also, and does not replace any local or contractual requirements but acts as a minimum benchmark. Nema Homecare Limited will also refer to the 'NHS Prevent Training and Competencies Framework' for more specific training requirements in relation to the Prevent strategy.

Staff, including volunteers at Nema Homecare Limited, are trained in recognising the symptoms of abuse or neglect, how to respond and where to go for advice and assistance.

Training takes place at all levels in Nema Homecare Limited and is updated regularly to reflect current best practice. To ensure that practice is consistent, no staff group is excluded, including the Registered Home Care Manager and the Safeguarding Lead, Olasunkanmi Adewusi at Nema Homecare Limited.

Olasunkanmi Adewusi is sufficiently qualified to hold such a role and has at least a Level 3 Safeguarding Qualification which is refreshed at least every 2 years as a minimum.

Olasunkanmi Adewusi will cascade safeguarding information about adults at risk to appropriate staff members. Olasunkanmi Adewusi will undertake and provide internal training and attend local safeguarding partnership updates, education and development sessions including regular group-based supervision.

Training needs to make a difference to the understanding, confidence and competence of staff. Assess what changes it has prompted through regular supervision sessions as well as annually during appraisals. Arrange refresher training if the annual check indicates this is needed.

5.36 Deprivation Of Liberty in Community Settings

Where a person lacks mental capacity to consent to the arrangements for their care or treatment, including depriving them of their liberty, Nema Homecare Limited will follow a



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best interest process in accordance with the Mental Capacity Act 2005, including the use of the Mental Capacity Act 2005 Deprivation Of Liberty in Community Settings.

The Deprivation Of Liberty in Community Settings Policy and Procedure for Nema Homecare Limited will always be followed to ensure that where a person's liberty is controlled, this is only done when they are assessed as not having capacity, when it is in their best interests and an appropriate application has been made to the Local Authority.

It is recognised that if the Adult has their liberty denied, and they have capacity, this is abuse and this safeguarding policy will be used to define the actions to be taken.

5.37 Audit and Compliance

It is essential that the implementation of this policy and associated procedures is audited to ensure that Nema Homecare Limited is doing all it can to safeguard those receiving its services. The audit of this policy will be completed through a systematic audit of:

- Recruitment procedures and disclosure and barring checks
- Incident reporting, frequency and severity
- Training processes, including reviews of uptake of training and evaluations

Safeguarding concerns and incidents will be reviewed by the senior management team as part of a root cause analysis with the following terms of reference:

- Review incident themes
- Reports from the lead responsible for safeguarding within Nema Homecare Limited
- Look in detail at specific cases to determine learning or organisational learning
- Ensure implementation of the Safeguarding Adults Policy and Procedure

Nema Homecare Limited should maintain and regularly audit care records (in addition to external checks, such as audits or Care Quality Commission inspections) and ensure that they are complete and available in case they are needed if a safeguarding concern is raised.

Nema Homecare Limited will also ensure that as part of lessons learnt duty of candour is always followed.

5.38 Sharing of Information

Nema Homecare Limited acknowledges that the sharing of information may be required when dealing with Safeguarding concerns.

Information will be made accessible to health professionals, advocates, families, legal representatives acting on behalf of Adults, and those close to them. The process for sharing information will follow the steps set out within the Data Protection and UK GDPR Policies and Procedures at Nema Homecare Limited.

6. Definitions

6.1 A Person with Care and Support Needs

- According to the Care Act 2014: an older person, a person with a physical disability, a learning difficulty or a sensory impairment, someone with mental health needs, including dementia or a personality disorder, a person with a long-term health condition, someone who misuses substances or alcohol to the extent that it affects their ability to manage day-to-day living



6.2 Investigation

- Investigation is a process that focuses on gathering 'good evidence' that can be used as a basis for the decision as to whether or not abuse has occurred
- It must be a rigorous process and the evidence must be capable of withstanding close scrutiny as it may later be required for formal proceedings

6.3 Referral

- Referral is when information regarding a possible safeguarding incident is passed on to another person for their direction. In the case of this policy, from the Provider to the Adult Social Care Team
- Sometimes this may be referred to as 'reporting'

6.4 Multi-agency

- More than one agency coming together to work for a common purpose
- This could include partners of the local authority such as: Integrated Care Boards (ICBs), NHS trusts and NHS foundation trusts, Department for Work and Pensions, the police, prisons, probation services, and/or other agencies such as general practitioners, dentists, pharmacists, NHS hospitals, housing, health and care providers

6.5 Caldicott Principles

- The Caldicott Principles were developed in 1997 following a review of how patient information is protected and only used when it is appropriate to do so
- Since then, when deciding whether they needed to use information that would identify an individual, an organisation must use the Principles as a test
- The Principles were extended to adult social care records in 2000
- The Principles were revised in 2013

6.6 Adults at Risk

- Adults at risk means adults who need community care services because of mental or other disability, age or illness, and who are, or may be, unable to take care of themselves against significant harm or exploitation
- The term replaces 'vulnerable adult'

6.7 Making Safeguarding Personal

- Making Safeguarding Personal is about person-centred and outcome-focused practice
- It is how professionals are assured by adults at risk that they have made a difference to people by taking action on what matters to people and is personal and meaningful to them

6.8 Honour-based Violence

- The terms 'honour crime', 'honour-based violence', and 'izzat' embrace a variety of crimes of violence (mainly but not exclusively against women), including physical abuse, sexual violence, abduction, forced marriage, imprisonment and murder where the person is being punished by their family or their community
- They are punished for actually, or allegedly, 'undermining' what the family or community believes to be the correct code of behaviour
- In transgressing this, the person shows that they have not been properly controlled to conform by their family and this is to the 'shame' or 'dishonour' of the family
- 'Honour crime' may be considered by the person(s) alleged to have caused the harm as justified to protect or restore the 'honour' of a family

6.9 Forced Marriage



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- The Anti-Social Behaviour, Crime and Policing Act 2014 protects people from being forced to marry without their free and full consent as well as people who have already been forced to do so
- We will ensure that staff are reminded of the **one chance rule**: i.e. our employees may only have one chance to speak to a potential victim of forced marriage and, therefore, only one chance to save a life
- Forced marriage can involve physical, psychological, emotional, financial and sexual abuse including being held unlawfully captive, assaulted and raped
- Law enforcement agencies will also be able to pursue person(s) alleged to have caused the harm in other countries where a UK national is involved under powers defined in legislation

6.10 Independent Mental Capacity Advocate (IMCA)

- An advocate appointed to act on a person's behalf if they lack capacity to make certain decisions
- Refer to the Mental Capacity Act (MCA) 2005 Policy and Procedure

6.11 Female Genital Mutilation (FGM)

- **Mandatory Reporting of Female Genital Mutilation (FGM)**
- Female Genital Mutilation (FGM) is illegal in England and Wales under the FGM Act 2003 ('the 2003 Act')
- Nema Homecare Limited has a mandatory duty to report known cases of FGM in under 18-year-olds to the police via the non-emergency number 101. 'Known' means that you have either visually identified that FGM has been carried out, or you have had direct verbal disclosure from the person affected
- Other ways to report FGM include:
 - The national FGM helpline on 0800 028 3550
 - The social care team at your local council
 - Crimestoppers, confidentially and anonymously

6.12 Safeguarding Adults Board

- The Care Act 2014 required each local authority to set up a Safeguarding Adults Board
- This includes the local authority, the NHS and the police. They should meet regularly to discuss and act upon local safeguarding issues
- They develop shared plans for safeguarding, working with local people to decide how best to protect adults in vulnerable situations

6.13 Whistleblowing

- The act of reporting a concern about safety, malpractice or wrongdoing within an organisation to formal authorities

6.14 Deprivation of Liberty Safeguards (DoLS)

- Deprivation of Liberty Safeguards (DoLS) are the legal protections under the Mental Capacity Act 2005 that apply where a person lacks capacity to consent to their care or treatment arrangements and those arrangements amount to a deprivation of their liberty, as defined by the Supreme Court "acid test"
- In residential and nursing homes, deprivation of liberty is authorised under the DoLS framework by the relevant Supervisory Body
- In community settings, including domiciliary care and supported living, any deprivation of liberty must be authorised by the Court of Protection
- Any restrictions must be necessary, proportionate, and the least restrictive option, and individuals and their representatives must be supported to understand and



exercise their rights

7. Key Facts - Professionals

Professionals providing this service should be aware of the following:

- The Adult to whom the incident has happened will be consulted and supported to be involved in the safeguarding process and provided with information they understand throughout
- Nema Homecare Limited is committed to supporting and protecting the wellbeing of Adults by preventing harm and reporting and dealing with incidents of abuse through a proper process
- If the alleged victim requires immediate removal from harm or medical attention, this will be done immediately
- Nema Homecare Limited will be led by the Local Authority Adult Safeguarding Team as to 'next steps' such as enquiries
- If it is suspected that a crime has taken place, the reporter of the incident must call the police immediately
- The Registered Home Care Manager or Olasunkanmi Adewusi will refer safeguarding concerns to the Local Authority Safeguarding Adults Team
- Staff of Nema Homecare Limited will report safeguarding concerns to the Registered Home Care Manager or Olasunkanmi Adewusi
- Safeguarding is everybody's business. Agencies have a duty to report safeguarding concerns to the local Safeguarding Adults Team

8. Key Facts - People Affected by The Service

People affected by this service should be aware of the following:

- Nema Homecare Limited will have reviewed your Care Plan and worked with you to support you through the enquiry process and moving on in the future
- When the facts are brought together and a way forward has been decided with your input if possible, you will be talked through the findings
- Nema Homecare Limited has a duty to safeguard the people using its service
- If it seems a crime has taken place, the police will be called immediately
- Other agencies may be involved in getting to the facts of the incident
- If you need extra support such as an advocate, one will be provided for you
- If something happens that may be a safeguarding incident which involves you, Nema Homecare Limited will make sure that you understand your choices and the next steps, and that you are included as much as you want and can be
- Nema Homecare Limited will provide information and Care Plans to help you understand safeguarding and what to look out for



Further Reading

Please refer to the QCS Resource Centre for a full safeguarding pack as well as posters to raise awareness.

SCIE - Safeguarding Adults Training Course for Managers and Newly Appointed Safeguarding Leads:

<https://www.scie.org.uk/training/safeguarding/adults-managers/>

Home Office - Mandatory Reporting of Female Genital Mutilation: Procedural Information:

https://assets.publishing.service.gov.uk/media/5a8086f2ed915d74e33faefc/FGM_Mandatory_Reporting_-_procedural_information_nov16_FINAL.pdf

GOV.UK - Criminal Exploitation of Children and Vulnerable Adults: County Lines:

<https://www.gov.uk/government/publications/criminal-exploitation-of-children-and-vulnerable-adults-county-lines>

CQC - Promoting Sexual Safety Through Empowerment:

https://www.cqc.org.uk/sites/default/files/20200225_sexual_safety_sexuality.pdf

Prevent E-Learning:

<https://www.elearning.prevent.homeoffice.gov.uk/edu/screen1.html>

Worcestershire Safeguarding Adults Board - Protocol for responding to allegations about people in a position of trust (PiPoT) working with adults:

<https://www.safeguardingworcestershire.org.uk/wp-content/uploads/2022/01/Position-of-Trust-Protocol-Final-Version-v2.1.pdf>

Hillingdon Safeguarding Partnership - Adult Local Authority Designated Officer (ALADO) Process 2024-2026:

<https://hillingdonsab.org.uk/wp-content/uploads/2024/05/Adult-LADO-Process-2024-2026-1.pdf>

Support and Help:

- **Hourglass - Resources and Forums:** <https://wearehourglass.org/>
- **NHS - Social Care Telephone Helplines and Forums:**
<https://www.nhs.uk/conditions/social-care-and-support-guide/help-from-social-services-and-charities/helplines-and-forums/>
- **NHS - Someone to Speak Up for You (Advocate):**
<https://www.nhs.uk/conditions/social-care-and-support-guide/help-from-social-services-and-charities/someone-to-speak-up-for-you-advocate/>
- **MIND - Guide to Getting Help and Support for Abuse:**
<https://www.mind.org.uk/information-support/guides-to-support-and-services/abuse/>
- **Citizens Advice - Domestic Abuse:**
<https://www.citizensadvice.org.uk/family/gender-violence/domestic-violence-and->



[abuse/](#)

NICE - Safeguarding Adults in Care Homes: (Guidance document for best practice reference)

<https://cks.nice.org.uk/topics/safeguarding-adults-in-care-homes/>

Outstanding Practice

To be "outstanding" in this policy area you could provide evidence that:

- The wide understanding of the policy is enabled by proactive use of the QCS App
- Adults report that if they are involved in a safeguarding incident, then they are supported to be involved as much as they would like
- Staff report that the service is fully aware of its responsibilities with regard to safeguarding, that they are encouraged to report incidents and are fully supported through the process
- The same issues do not reoccur and robust measures and systems have been put in place to address the original safeguarding concern
- Records are kept in regard to safeguarding and are extremely clear, transparent and well-ordered with all incidents reviewed and learning disseminated. Training materials are updated to reflect any learning
- Care or support planning includes tailored information to support Adults to make safe choices to promote independence and wellbeing. People report that they feel safe and well supported